

Course Fact Sheet
CISM: Critical Incident Stress Management
Group Crisis Intervention (Basic)

Instructor:	Office Location and Hours:
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Course Description:

The CISM: Group Crisis Intervention training program is open to new members of CISM teams and to individuals who are interested in learning about critical incident stress management. This training session meets the requirements of the Colorado CISM network and the International Critical Incident Stress Foundation (ICISF).

Objectives:

At the completion of this course the participant will be able to:

1. Identify major factors that affect the stress response and give examples of each.
2. Define a critical incident.
3. Describe the basic CISM interventions.
4. Identify the appropriate use of each of the CISM interventions.
5. Describe a CISM team structure.
6. List the seven phases used in CIS interventions.
7. Role-play the introduction in a small group activity.
8. Describe the defusing process.
9. Participate in a simulation of a defusing.
10. Describe the debriefing process.
11. Participate in a simulation of a debriefing.

CEUs: 14

Required materials:

Course workbook will be provided at the class.

Evaluation:

Graded Events	Grading Scale
Role plays and intervention simulations	Appropriate participation in all assignments

