

## SPINAL IMMOBILIZATION SUPINE

STEPS TO BE PERFORMED	ACTION/VERBAL RESPONSE
* Takes or verbalizes appropriate body substance isolation precautions	I am taking appropriate BSI precautions.

Directs assistant to place head in a neutral in-line position (if necessary)	I will direct my partner to place both hands on the patient's head and bring the head into neutral alignment with the spine.
Directs assistant to maintain manual immobilization of the head & neck	I will direct my partner to maintain manual stabilization of the head and neck and do not let go until I tell you to.
* Assess distal circulation, sensation and motor function in all four extremities	I will assess the status of circulation, sensation and motor function in all four extremities.
Applies an appropriate size cervical collar	I will apply an appropriate size cervical collar and confirm fit.
Properly positions the backboard alongside the patient	I will place the backboard as close to the patient as possible ensuring that the head is aligned with the top of the board.
Directs the movement of the patient onto the board without compromising the integrity of the spine	On the head persons count of three we are going to roll the patient onto his/her side and on another head persons count of three, carefully roll the patient back down onto the board.
Evaluates position of patient's head and pads the head as appropriate	I will check that the head is properly positioned on the board and will place a pad behind the head for comfort. If the patient is not centered on the backboard, we will use the "Z" maneuver for proper placement.
Fills the voids between the torso and the board as necessary	I will use appropriate padding to place beneath the lower back for comfort.
Secures the patient's torso to the device	I will secure the patient's torso and pelvis to the board using the available straps.
Secures the patient's head to the device	I will secure the patient's head to the board using the available head blocks and straps.
Secures the patient's legs to the device	I will secure the patient's legs to the board using the available straps.
Secures the patient's arms to the device	I will secure the patient's arms to ensure they remain close to the body during transport.
* Reassess distal circulation, sensation and motor function in all four extremities	I will reassess the status of circulation, sensation and motor function in all four extremities and voice transport of the patient.

### Critical Criteria

- \_\_\_\_\_ Did not take or verbalize body substance isolation precautions
- \_\_\_\_\_ Releases or orders the release of manual stabilization before patient was secured to the board
- \_\_\_\_\_ Patient was manipulated or moved excessively, causing potential spinal compromise
- \_\_\_\_\_ Patient moves excessively up, down, left, or right on the device

**SPINAL IMMOBILIZATION  
SUPINE**

- \_\_\_\_\_ Head immobilization allows for excessive movement
- \_\_\_\_\_ Upon completion of immobilization, head is not in a neutral in-line position
- \_\_\_\_\_ Did not assess/reassess circulation, sensation and motor function of all extremities