



Colorado EMS Primary Instructor Training Lesson Guide

Session Title: Emergency Care of Bites and Stings

Session Reference:

Time Required: 10 minutes

Materials:

References: National D.O.T. E.M.T. Curriculum

Prepared By:

Preparation / Set:

Attention / Motivation:

Because of the increased popularity of outdoor sports, there is a subsequent increase in the incidence of insect stings and snake bites. The EMT-Basic must be prepared to assess and manage patients ranging from those with minor and uncomfortable stings, to those suffering life threatening problems.

Objectives:

At the completion of this session, the student will be able to:

1. Discuss the emergency care of bites and stings

Session Overview:

- C Signs and symptoms of bites and stings
- C Care of bites and stings



Instructor Notes	Outline
	<ul style="list-style-type: none"> I. Signs and symptoms of bites and stings <ul style="list-style-type: none"> A. History of bite (spider, snake) or sting (insect, scorpion, marine animal) B. Pain C. Redness D. Swelling E. Weakness F. Dizziness G. Chills H. Fever I. Nausea J. Vomiting K. Bite marks L. Stinger II. Emergency care of bites and stings <ul style="list-style-type: none"> A. If stinger is present, remove it: <ul style="list-style-type: none"> 1. Scrape stinger out 2. Avoid using tweezers or forceps as these can squeeze venom from the venom sac into the wound B. Wash area gently C. Remove jewelry from injured area before swelling begins D. Place injection site slightly below the level of the patient's heart E. Do not apply cold packs to snake bites F. Consult medical direction regarding the use of constricting bands for snake bites G. Observe for development of signs and symptoms allergic reactions

Summary:

Review:

- C Signs and symptoms of bites and stings
- C Care of bites and stings

Re-motivation:

Evaluation

Written test and/or quizzes.