



Colorado EMS Primary Instructor Training Lesson Guide

Session Title: Assessment of the Chest Pain Patient.

Session Reference:

Time Required: 10 minutes

Materials:

References: National D.O.T. E.M.T. Curriculum

Prepared By:

Preparation / Set:

Attention / Motivation:

Cardiovascular disease is the leading cause of death in the United States. Recognition of the signs and symptoms of a myocardial infarction will lead to quicker treatment and potentially reduce mortality.

Objectives:

At the completion of this session, the student will be able to:

1. Discuss the potential signs and symptoms of a patient suffering an MI

Session Overview:

- C This session will cover the signs and symptoms of an MI



Instructor Notes	Outline
	<ul style="list-style-type: none">I. Potential signs and symptoms of a myocardial infarction<ul style="list-style-type: none">A. Squeezing, dull pressure of the chestB. Radiation of pain to the arms or jawC. Sudden onset of sweatingD. Difficulty breathing (dyspnea)E. Anxiety or irritabilityF. Feeling of impending doomG. Abnormal pulse rate or rhythmH. Abnormal blood pressureI. Epigastric painJ. Nausea/Vomiting

Summary:

Review:

- C Besides the obvious presence of chest pain, this section discussed other major signs or symptoms of a myocardial infarction.

Re-motivation:

Evaluation

Written test and/or quizzes.