



Colorado EMS Primary Instructor Training Lesson Guide

Session Title: Assessment of the Patient with Anaphylaxis

Session Reference:

Time Required: 10 minutes

Materials:

References: National D.O.T. E.M.T. Curriculum

Prepared By:

Preparation / Set:

Attention / Motivation:

The ability to recognize and manage a severe allergic reaction is possibly the only thing standing between a patient and imminent death.



Objectives:

At the completion of this session, the student will be able to:

1. Recognize the patient experiencing an allergic reaction

Session Overview:

- C Signs and symptoms of anaphylaxis
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Instructor Notes	Outline
	<ul style="list-style-type: none"> I. Assessment findings of the patient experiencing anaphylaxis <ul style="list-style-type: none"> A. Skin <ul style="list-style-type: none"> 1. Patient may state they have a warm tingling feeling in the face, mouth, chest, feet and hands 2. Itching 3. Hives 4. Red skin (flushing) 5. Swelling to face, neck, hands, feet and/or tongue B. Respiratory System <ul style="list-style-type: none"> 1. Patient may state he feels a tightness in his throat/chest 2. Cough 3. Rapid breathing 4. Labored breathing 5. Noisy breathing 6. Hoarseness 7. Stridor 8. Wheezes C. Cardiac <ul style="list-style-type: none"> 1. Increased heart rate 2. Decreased blood pressure D. Generalized Feelings <ul style="list-style-type: none"> 1. Itchy, watery eyes 2. Headache 3. Sense of impending doom 4. Runny nose E. Decreasing mental status F. Assessment findings that reveal shock or respiratory distress indicate the presence of a severe allergic reaction

Summary:

Review:

C Signs and symptoms of anaphylaxis

Re-motivation:

Evaluation

Written test and/or quizzes.